



# BRYAN GILLETTE

## Lessons from 100 Executives & Endurance Athletes on Reaching Your Peak

EXECUTIVE COACH ♦ SPEAKER ♦ AUTHOR ♦ STRATEGY FACILITATOR

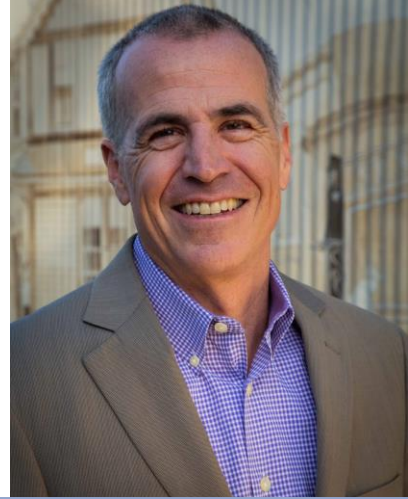
Have you ever had an idea but thought, "I could never do that"? Well, maybe you can, and Bryan will show you how through the five pillars of EPIC Performance.

Based on research with over 100 accomplished executives and ultra-distance athletes, Bryan shares practical methods for achieving those most unattainable goals for yourself and your teams to think more strategically and reach even higher. He will help your teams **move from "We Can't" to "We Did."** He has done it himself.

Bryan pushed his mind and body to reach beyond what he thought were his physical and mental limits, including cycling 4,000 miles across the U.S.A. and running 205 miles around Lake Tahoe in 76 hours. He combines his success in the business world and in sport with his research with other accomplished leaders in his motivational presentations.

After years as an executive in the Silicon Valley, he founded his company to coach executives and advise leaders on performing at higher levels and for their teams to align around a common strategy.

In Bryan's engaging and motivational presentations, attendees learn how to stretch themselves and their organizations to reach new peaks through the five pillars of EPIC performances.



### WHAT OTHERS SAY

*"Bryan was excellent. Everyone was highly engaged."*

*"Get ready to be CHALLENGED and MOTIVATED to tackle your next mountain."*

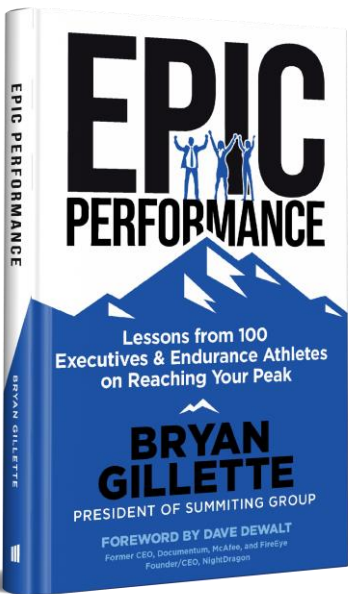
*"Your journey as an inspirational speaker and business professional inspired our group."*

*"Very inspirational and motivational."*

*"Thank you for bringing Bryan in. I truly needed that."*

*"Highly engaging."*

*"Great story."*



- E** **Envision** the future for your career, organization, and team.
- P** **Plan** to make that vision a reality by setting a path forward.
- I** **Iterate** your plan and scale up your accomplishments.
- C** **Collaborate** with others to learn from successes and failures.

### PERFORMANCE

**Perform** your plan, by putting your learnings and experience into action. Then run to the finish line.



CONTACT BRYAN TO LEARN MORE

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